Ka Lau December 12, 2016 2016/2017, Issue 4

Interact Club Embraces the Holiday Spirit

This holiday season, LCPCS Interact Club members are coordinating a school-wide drive to collect items to help families who are transitioning to permanent housing. LCPCS is partnering with HOPE Services Hawai'i, an outreach organization that provides basic supplies for families who are setting up households. Students have until December 21st to participate by bringing the following kinds of items to their homerooms. Items will be used to put together three kinds of "kits."

Grades K through 4 – Personal care kits: example items include shampoo, toothpaste, floss, deodorant and soap.

Grades 5 through 8 – Cleaning supply kits: to include items such as scrubbers, hand soap, dish soap, paper towels and all-purpose cleaner.

Grades 9 through 12 – Bathroom supply kits: example items include things such as toilet paper, shower curtains or liners, towels or wash cloths.



Interact Club members at a planning meeting (!) last spring.

events (like the Ragner Relay, middle school Halloween Party, and vision and hearing clinic). Members available for broader community service have volunteered with Hilo Rotary Club projects.

For more information on the HOPE Services drive, contact Talia Marie Salboro, at talia-marie.salboro@lcpcs.org. Students wishing to join the Interact Club should speak to Kumu Kaulana. The LCPCS Interact Club was formed last year in partnership with the Rotary Club of Hilo. Rotarians provide mentoring at monthly board and club meetings, and have sponsored club members for the annual Rotary Youth Leadership Awards. The Interact Club is open to students in grades 7 through 12.

The Club's goal is to have members learn and practice "Service above Self." Many of their projects have been at the school level, providing help and support at school



February 2016: The LCPCS Interact Club obtains its commission from the Rotary Club of Hilo.



Ka Lau — Page 2

Knowledge and Crystals are Growing Together in Chemistry Class



Senior Dylan Archer successfully produced a beautiful copper sulfate crystal recently as part of an independent project associated with his chemistry class. He and science teacher Bob Zellner used a microscope and scope camera to capture this image of the crystal, which can only be seen under the microscope. "Next he will try to create a larger version of this type of crystal growth, and invent a process to grow diamonds. One of these is true," says Mr. Zellner. (Well,

they might both be true, although one is more apt to be successful than the other.)

Senior Dylan Archer works on Phase II of his independent chemistry project (left), and the results of Phase I.

Longtime Cafeteria Manager is Planning to Put her Feet Up (Finally!)

After more than 30 years in school food service, Cafeteria Manager Jackie Martin is retiring! "It will be challenging, to say the least, to find a suitable replacement for Jackie," says Interim Director Liana Honda, "[but] she deserves some much needed rest after years of dedicated service to our school." Ms. Martin has been in charge of preparing menus; ensuring compliance with complex Federal standards; ordering meal ingredients; baking zillions of delicious fresh bread products every week; serving between 250 and 300 delicious and nutritious hot meals a day to students and staff; running the fresh fruit and vegetable snack program for the elementary kids; preparing food (on her own time) for special events like the Music Festival, sports games concessions and parent open houses; cooking for Pāpa'aloa-based senior citizens in the Hawai'i County Nutrition program; and finally, keeping it all within budget!! We're waiting to see whether LCPCS will need to hire three people to replace her! Aloha, Jackie. And mahalo.



So There IS Such a Thing as a Free Lunch!



Third-graders (L to R) Tyshay Nacis, Angel Licus and Tomcen Parel enjoy school lunch last week.

Why are LCPCS students getting free lunches and breakfasts this year? Because the school is implementing a new option open to schools participating in the National School Lunch and School Breakfast programs called the Community Eligibility Provision (CEP). The CEP allows schools that serve predominantly low-income children to offer free school meals to *all* students at the school through USDA Child Nutrition Programs. That means that all LCPCS students are eligible to receive a healthy breakfast and lunch at no charge, and without any paperwork hassle.